

Handlog

VOLUME 3, ISSUE 1 2020

The monthly newsletter of the
Presentation of Our Lord Parish

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MAIN CHURCH REOPENS

The Main Church reopened its doors on Sunday, 21 June, the Solemnity of the Most Precious Body and Blood of Christ to eager parishioners longing for the experience of onsite Masses and Holy Communion.

Complying with guidelines of the Inter-agency Task Force on the Management of Emerging Infectious Diseases (IATF-EID) and the Diocese of Novaliches (DioNova), only 10 persons, including the priest and the lector, were accommodated at each of the Masses.

Our Parish Priest Father Jigs Rosalinda is very strict about the adherence to protocols. He says “we take care of our parishioners by being strict.” The Parish has a Mass Attendance Registration System (MARS) on Eventbrite to facilitate contact tracing. Masks, thermal scanning and sanitizing of shoes and hands are required for entry into the Main Church. Social distancing is also practiced.

All Masses will continue to be streamed live on Facebook for the benefit of those who are unable to hear Mass onsite. Drive-thru Holy Communion is also being offered within 15 minutes after the 7 a.m. and 10 a.m. Masses.

Stay informed by visiting polpchurch.com and following facebook.com/polpchurch.

TRANSCRIPTS

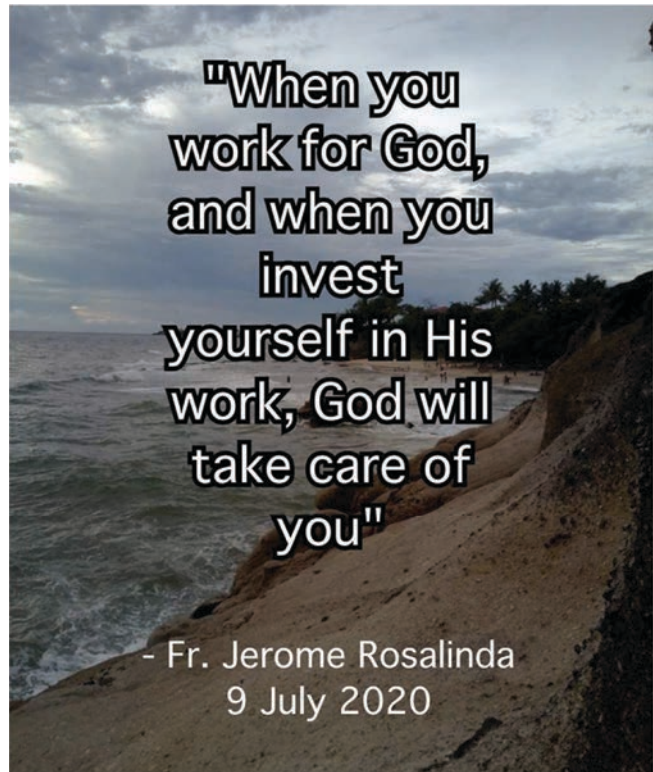
Homilies of Father Jigs

I have had much time to hear and see myself, thanks to the ECQ and GCQ. These past weeks, I have been listening to, and reviewing, my daily homilies on our Parish Facebook page that stores videos of our morning Masses since March 14. While doing this, I transcribe them hoping that self-improvement and mastery may ensue, and that these transcripts may also help some people "hear" God's Word. I am not an admirer of myself, so you can imagine how agonizing this project is for me. Lest I fall into false humility, I have tried my best to assume another persona in order to offer an objective self-criticism about the manner of preaching and the words I use to convey God's Word.

Let me say that my self-critique is far more negative than I first imagined. For now, I am better able to hear and see myself speak, present a curated manuscript to others while doing a much needed editorial job on my homilies, thanks to these transcripts.

In a deeper analysis, the Gospels were also transcripts – writings of evangelists who listened and saw Jesus in the flesh. They narrate to us the words and deeds whereby the Lord reveals Himself. Through these transcripts, Jesus becomes alive and grows in our consciousness. Jesus himself is a transcript; He is WORD made FLESH. He is God's Eternal Word that communicates Himself to us, men and women today, primarily through the Scriptures.

I wish to offer, in my very limited capacity, through the editorial space of our Parish newsletter Handog, the transcripts of how I have encountered the Lord in my life, my reflections on the Gospels, my observations in life as a leader of our community and my own thoughts on events as we all experience them – with the aid of God's Word. Aware of myself as a frail instrument of God, but confident that He will heal my deafness that I may convey His powerful Word to you, I dare to write these transcripts.



Jesus himself is a transcript; He is WORD made FLESH. He is God's Eternal Word that communicates Himself to us, men and women today, primarily through the Scriptures.

The New Normal at POLP

The pandemic arising from COVID-19 has made talk of a “new normal” familiar. In terms of pastoral planning, what might this mean? Aware that there are things that we may not be able to do again, questions that have to be answered by our Parish leadership include:

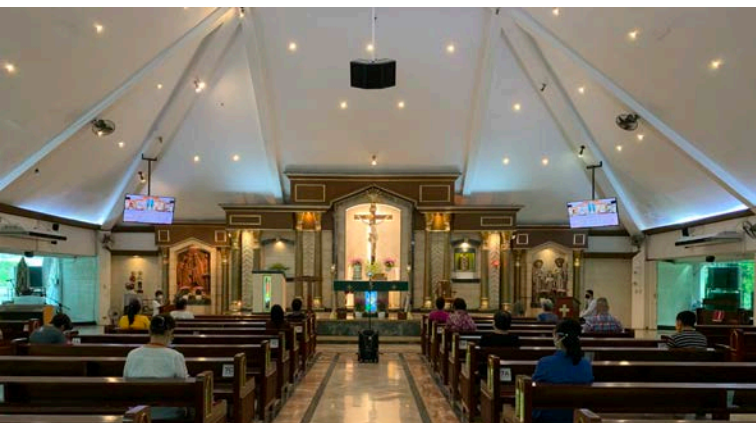
- What is essential to continue and what is not?
- Is this necessary to the mission of our Parish?
- Is it possible to do this online?

Our return to normal may not happen for many months. Guided by prudence and confidence, Father Jigs and Parish Pastoral Council (PPC) Chairman Rino Balatbat together with the PPC have planned for a “new normal” which carefully conforms with both Diocese and government guidelines.

Masses

We now have 10 Masses every week at limited capacity. Weekday Masses in English are at 7:00 a.m. Masses on Saturday, anticipated Masses for Sunday, are at 7:00 a.m. in Tagalog and 5:00 p.m. in English. Sunday Masses are at 7:00 a.m. in Tagalog, 10:00 a.m. in English and 5:00 p.m. in Tagalog.

Registration of attendance is required to facilitate contact tracing. Mass goers must wear a mask, disinfect shoes and hands, submit to a temperature check at the entrance and maintain social distance from one another.



The Offertory procession is omitted as is the passing around of collection boxes. Holding of hands during the Lord’s Prayer, as well as handshakes and *besos* during the Sign of Peace, are not allowed. The priest and lay minister shall approach the faithful at the
(continued on page 7)



Presentation of Our Lord Parish
SAFETY PROTOCOLS

BEFORE THE MASS



STAY INFORMED



REGISTRATION

AT THE ENTRANCE



WEAR MASK



HEALTH DECLARATION



TEMPERATURE CHECK



DISINFECT HANDS & USE FOOTH BATH



REGISTRATION VERIFICATION

DURING THE MASS



NO OFFERTORY PROCESSION



NO HANDSHAKES OR HOLDING OF HANDS



NO LINING UP FOR HOLY COMMUNION

poster design by Marissa Tablante-Saynes

Meet MARS! Your Newest BFF



The resumption of onsite Masses in our Parish prompted the need for a Mass Attendance Registration System to facilitate contact tracing. Meet MARS! We can now accommodate 32 seats! The necessary Health Declaration Form has also been integrated into MARS so our registration is paperless! Register your attendance in our Masses in only eight quick and easy steps. Registrations open every Wednesday for Saturday and Sunday Masses, and every Friday for weekday Masses. Visit our Parish website at polpchurch.com now.



THE TICKET. Present a printed copy or a screenshot of your ticket and ID at the Reception Desk.

MASS ATTENDANCE REGISTRATION SYSTEM (MARS)

- 1 Go to polpchurch.com 
- 2 Click RESERVE SEATS FOR ONSITE MASS. 
- 3 You will be directed to the Eventbrite page. Select your preferred Mass. 
- 4 Click Register. 
- 5 Specify the number of tickets you need then click Get Ticket. 

- 6 Select your preferred seat then click Checkout. 
- ! PLEASE MAKE SURE THAT BOXES WITH ASTERISKS ARE FILLED IN. YOU WILL NOT BE ABLE TO CLICK REGISTER IF INCOMPLETE INFORMATION IS SUBMITTED.
- 7 Fill in the boxes with the required information. Then click Register. 
- Your registration is CONFIRMED! 
- 8 Click Print Ticket. 

MASS SCHEDULE

SUNDAYS

7:00 a.m. Tagalog
10:00 a.m. English
5:00 p.m. Tagalog

WEEKDAYS

7:00 a.m. English



facebook.com/polpchurch

SATURDAYS

7:00 a.m. Tagalog
5:00 p.m. English

Responding to COVID-19 as onePOLPfamily

Conscious of the havoc the pandemic has wrought, the Parish Pastoral Council (PPC) through its Social Action Team led by PPC Vice Chair Myrna Locnen responded to the need for food security of the poorest of the poor families in our Parish

The Cluster Leaders, because of their familiarity with the situation of their respective Basic Ecclesial Communities (BECs) or Kawans, were tapped to identify the beneficiaries.

To ensure sustainability of the support to our extremely poor families, GIVE, the campaign for the amelioration of Balik Handog and the Charity Fund, was launched.



PHP 236,000.00
MEDICAL ASSISTANCE
109 INDIVIDUALS

PHP 700,000.00
GIFT CERTIFICATES
FROM CARITAS NOVALICHES
700 FAMILIES

PHP 675,832

RICE + VEGETABLES
3,000 FAMILIES

RICE + CHICKEN
450 FAMILIES

FOOD PACKS
40 FAMILIES

The Presentation of Our Lord Parish needs your help.



JEROME U ROSALINDA
BPI Savings Account 0439-0917-46
BDO Current Account 4508-0012-19



And in true onePOLPfamily fashion, the support was just so overwhelming that as of 27 June, 3,000 families have received rice, chickens, food packs, vegetables, and medical assistance. Gift certificates worth 700,000 pesos from Caritas Novaliches were also given to 700 families.



Bili Na sa POLP Online Palengke

Father Jigs informed the Parish Pastoral Council (PPC) that while relief operations for affected Kawans are still ongoing, “we need to prepare our Parish for recovery and rehabilitation.”

He directed the Social Action Team to reconfigure its programs to provide sustainable sources of livelihood to people. And in compliance with that latest directive, the POLP Online Palengke was created.

Find an assortment of meat, seafood, vegetables and fruits, rice, bread and pastries, desserts, home essentials and more. Delivery service is also available.

Support our Palengke and help our parishioners re-establish their livelihood. Visit facebook.com/groups/polponlinepalengke.



INTERESTED TO SELL IN OUR PALENGKE?

Please contact:

Margie Ibuna 0927 878 2022

Myrna Locnen 0917 803 9838

PCCVA Ministry Now in POLP

The Pastoral Care for Children & Vulnerable Adults (PCCVA), one of the ministries of the Social Action Commission of the Diocese of Novaliches selected our Parish as one of its pilot parishes for its programs and services.

PCCVA aims to promote the rights of women, form children’s rights advocates (CRAs) and develop services from grassroots-based counseling, group work, trainings and formation. Its programs and services include formation and capacity building of parish leaders, advocacy and community awareness-raising and direct services and intervention. Its current focus is protection of children against sexual abuse aligned with the collaboration of the Diocese of Novaliches with the Center for the Prevention and Treatment of Child Sexual Abuse.

Leading the PCCVA Ministry at POLP is Bea Luna of the Our Lady of Assumption (OLA) Cluster. Members of the Ministry are Mercy Decolongon of the Banal na Puso (BNP) Cluster, Geobeth Buenio of the OLA Cluster, and Mercedes Cabading from the Our Lady of Fatima (OLF) Cluster. The PCCVA Ministry is mentored by Anna Galon, BNP Cluster Leader and former staff at OPLAN Shelter.

The PCCVA recently had the first two of four sessions of psycho-social and spiritual processing sessions facilitated by the Center for Family Ministries (CEFAM), the official family apostolate of the Philippine Province of the Society of Jesus.

The PCCVA is under the Social Action Team led by PPC Vice Chair Myrna Locnen.

The New Normal at POLP continued from page 3

pews to give Holy Communion on the hand. The Offertory procession is omitted as is the passing around of collection boxes. Holding of hands during the Lord’s Prayer, as well as handshakes and *besos* during the Sign of Peace, are not allowed. The priest and lay minister shall approach the faithful at the pews to give Holy Communion on the hand.

Exiting will be done by rows. Linger in the Main Church after the Mass is not allowed as disinfection of the Main Church will have to be done immediately.

All our Masses continue to be streamed live on facebook.com/polpchurch. Those who attended Mass online may receive Holy Communion on-site within 15 minutes after the morning Masses.



Sacraments

Baptisms and weddings are to be limited to a few people only (the immediate family and godparents) with everyone following protocols.

Creative responses to the need for Confessions and Anointing of the Sick are being contemplated as the health and safety of both the priest and the recipient needs to be taken into consideration, while still making these Sacraments widely available.

Sometimes God uses a crisis to stir us from our lethargy. And sometimes a crisis is what we need to get our attention back to what is truly important.

POLPconnect!



PHONE
8931 0542
0917 563 8992



EMAIL
polpchurch@gmail.com



WEBSITE
polpchurch.com



VIBER
#onePOLPfamily



FACEBOOK
facebook.com/polpchurch
facebook.com/groups/onepolpfamily

Monette Formoso Balatbat
Bimbo Cabochan
Gelo Asuncion
Paolo Domingo
Rhia Grana
Pia Halili
Danica Limpangog
Marissa Tablante-Saynes
Loi Villarin
Pau Villarin



LBS

LITURGICAL BIBLE STUDY

 facebook.com/polpchurch
Friday, 31 July at 4pm

18th Sunday in Ordinary Time - Year A (02 August)

Matthew 14:13-21

Isaiah 55:1-3 · Romans 8:35, 37-39

The hand of the Lord feeds us; He answers all our needs.

PLEASE HAVE YOUR BIBLE READY

POLP
polpchurch.com
polpchurch@gmail.com
6022 6564 - 0977 543 8992
#onepolpfamily



LBS Live on Facebook

The Liturgical Bible Study (LBS) introduced by Father Jigs to our Parish in September last year is now being streamed live on our Parish Facebook page.

LBS, designed by Father Arlo Bernardo Yap, SVD, is a study and understanding of the three Sunday readings, leading to the intuitive discovery of their connections to each other. It is an interactive Q&A

process where the facilitator goes through the Sunday readings – the Gospel, then First Reading, and then Second Reading, one after the other, verse by verse by asking questions that the participants answer based on the text. The connection among the three Sunday readings, called *hibla* (fiber or thread), is affirmed by the Responsorial Psalm. An application-question initiates the sharing of life experiences from the participants. The whole LBS process lasts around one and a half hours.

Catch LBS live on facebook.com/polpchurch every Friday at 4:00 p.m.

POLP Talk: Keeping It Real

POLP Talk: Keeping It Real, a series of videos and photos from our parishioners sharing how they have been coping during the quarantine, lessons learned from this pandemic and Parish activities missed and desired the most premiered on our Facebook page on 01 June. After a run of a month and a half, it takes a brief hiatus in preparation for its next season where it transitions into a talk show on thought-provoking topics relating to our faith.

Special guests will enlighten us on spiritual warfare, the Holy Mass, the Holy Rosary, the 10 Commandments, the seven Sacraments, the seven capital sins, Jesus, the Divine Mercy, the Blessed Virgin Mary, natural family planning, responsible parenthood, surviving crisis in marriage, chastity, mental health, and peer pressure.

POLP Talk: Knowing Our Faith will be the main venue for our formation programs. It will be streamed live on Wednesdays at 7:00 p.m. soon.

**POLP
TALK**
KNOWING OUR FAITH
WEDNESDAYS · 7PM
facebook.com/polpchurch



BALIK-HANDOG

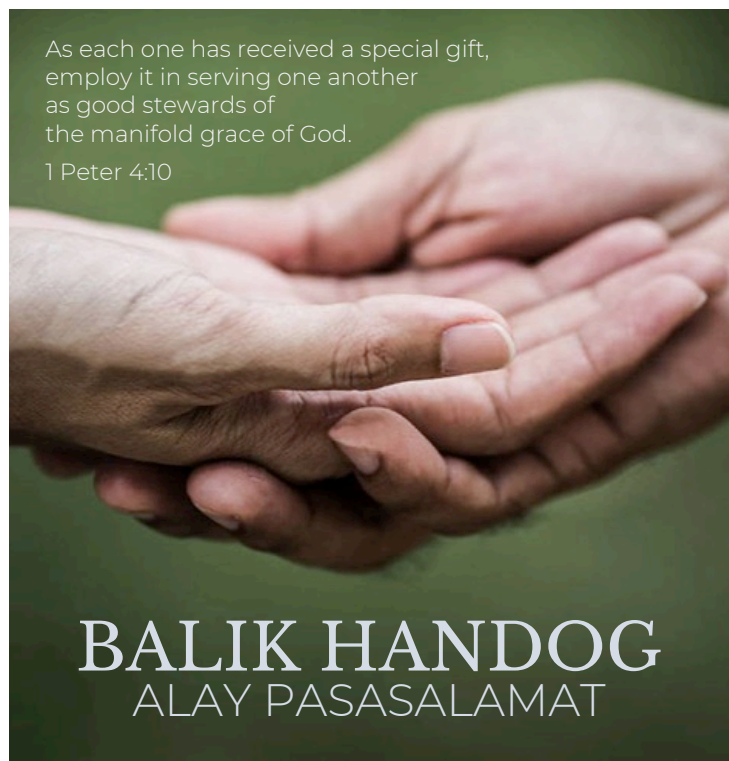
Christian stewardship grows out of gratitude.

The Balik Handog Program is our Parish stewardship program launched in 2016 by then parish Priest Father Monty Vilorio and Parish Finance Council (PFC) Chairman Manny Cabungcal.

It is a program that inculcates and develops in each one a culture of giving - making giving a way of life and helping realize the vision of being a sharing and life-giving parish.

It is also a modified tithing program – voluntary, but regular, giving from the generosity of the heart.

Balik Handog provides support for our charities, Ministries, operations, pastoral programs, our Parish activities, as well as the maintenance and improvement of our Main Church and Chapels.



As each one has received a special gift, employ it in serving one another as good stewards of the manifold grace of God.

1 Peter 4:10

BALIK HANDOG
ALAY PASASALAMAT

Balik Handog Supports Covid-19 Response Efforts

The Parish Finance Council (PFC) launched a campaign to intensify Balik Handog to help in these pandemic times of COVID-19.

It appealed to the generosity of our parishioners to GIVE financial support to our Parish in the absence of Offertory collections as Masses were suspended.

Our parishioners responded so well to this appeal that our Charity Fund was able to provide help to our less fortunate parishioners tiding them through this difficult time.

If you wish to support our Parish through Balik Handog, please get in touch with Balik Handog Coordinator Ena Lizares at 0920 923 4574 or PFC Chairman Manny Cabungcal at 0917 539 0514. Donations may be made by bank transfer.

Our Parish needs your help!

Since the suspension of Masses, we have faced unprecedented challenges. There have been no Offertory collections that are used to support operational and maintenance costs. Balik Handog-SOS contributions, used for the various pastoral programs and charities, have also declined.

As the impact of this pandemic continues to worsen, more of our less fortunate parishioners will need financial help to tide them through this difficult time.

We appeal to your generosity.

Any amount of aid will be greatly appreciated.

- Cash/check donations will be accepted by: DEANNE TACARDON 0917 898 9909
- You may deposit to any of the accounts of JEROME U ROSALINDA
BPI Savings Account 0439-0917-46
BDO Current Account 4508-0012-19
- You may also send your donations quicker with the secure and hassle-free Transfer via QR Code through BPI Online or the new BPI Mobile app using this QR code:



Thank you very much. God bless us all!



PRAYER TO THE HOLY FAMILY

HOLY FAMILY OF NAZARETH, make our family one with you.
Help us to be instruments of peace.

Grant that love, strengthened by grace,
may prove mightier than all the weaknesses and trials
through which our families sometimes pass.

SAINT JOSEPH, bless the head of our family.
Obtain for him the strength,
the wisdom, and the prudence he needs
to support and direct those under his care.

MOTHER MARY, bless the mother of our family.
Help her to be pure and kind, gentle and self-sacrificing.

LORD JESUS, bless the children of our family.
Help them to be obedient and devoted to their parents.

May we always have God
at the center of our hearts and homes
until we are all one family,
happy and at peace in our true home with you.
Amen.

REVISED ORATIO IMPERATA

AGAINST THE SPREAD OF THE CORONAVIRUS DISEASE
to be prayed everyday at 12noon and 8pm

God our Father,
we come to you in our need
to ask your protection against the COVID 19
that has disturbed and even claimed lives.

We pray that you guide the people
tasked to find cures for this disease and
to stem its transmission.

Protect the medical experts
that they may minister to the sick
with competence and compassion.

We pray for those afflicted.
May they be restored to health soon.
Protect those who care for them.
Grant eternal rest to those who have died.

Give us the grace in this trying time
to work for the good of all and to help those in need.
We implore you to stop the spread of this virus
and to save us from our fears.

Grant all these through our Lord Jesus Christ your Son
who lives and reigns with you, in the unity of the Holy Spirit,
One God, forever and ever. Amen.

We fly to Your protection, O Holy Mother of God.
Do not despise our petition in our necessities,
but deliver us always from all dangers,
O glorious and blessed Virgin. Amen.

Our Lady, health of the sick, pray for us.
St. Raphael the Archangel, pray for us.
St. Roch, pray for us.
St. Lorenzo Ruiz, pray for us
St. Pedro Calungsod, pray for us.

STEWARDSHIP PRAYER

O God, our loving Creator and giver of all good gifts,
bless our families, our Parish and our Diocese.

Strengthen our faith and
grant us the spirit of Christian Stewardship
so that we may give generously of our time, talent and treasure
to the spreading of Your Kingdom
here at our Parish and throughout the world.

We ask You this through our Lord Jesus Christ, Your Son
who lives and reigns with You in the Holy Spirit,
One God forever and ever.
Amen.

ACT OF SPIRITUAL COMMUNION

My Jesus,
I believe that You are in the Blessed Sacrament.
I love You above all things,
and I long for You in my soul.

Since I cannot now receive You sacramentally,
come at least spiritually into my heart.

As though You have already come,
I embrace You and unite myself entirely to You;
never permit me to be separated from You.
Amen.

PRAYER FOR PROTECTION

This prayer is recommended to be prayed daily
for protection against the fallen angels and their human followers.

Lord Jesus, I ask you to protect my family
from sickness, from all harm and from accidents.

If any of us has been subjected
to any curses, hexes or spells,
I declare these curses, hexes or spells null and void
in the name of Jesus Christ.

If any evil spirits have been sent against us,
I decommission you in the Name of Jesus Christ and
I send you to Jesus for Him to deal with as He wills.

Then, Lord, I ask You to send Your holy angels
to guard and protect all of us.
Amen.

**PARISH
OFFICE
HOURS**

MONDAYS - FRIDAYS
8 a.m. to 4 p.m.

SATURDAYS & SUNDAYS
8 a.m. to 6 p.m.

8931 0542; 0917 563 8992